



Sustainable Antimicrobial Finishes for Textiles - Plant Extracts: A Review

Kavitha Rajan^{1*}, Suman Pant², Venkatesa Prabhu. S³

Abstract

Anti-bacterial finished textiles are important to medical and hygienic applications, and non-toxic and environmentally friendly antimicrobials need to be treated enormously. A key market segment, consisting of consumer and technical products for healthcare and hygiene control was the antimicrobial finishing of textiles. The significance of antimicrobial finishing was demonstrated by hospital acquired infections and surface microorganism contamination. Synthetic antimicrobial agents perform effectively and are durable, but harmful to the environment. Cellulose fibers make a significant contribution to antimicrobial textiles, including protection, environmental friendliness, non-toxicity, comfort and ergonomics. Consequently, the research and development of antimicrobial agents derived from plants is currently accorded a high priority. The purpose of this study is to review the long-term research conducted on the creation of environmentally friendly antimicrobial textile finishes and to present the various sources from which antimicrobial agents were derived.

KeyWords: Review, plant, extracts, antimicrobial.

DOI Number: 10.14704/nq.2022.20.11.NQ66216

NeuroQuantology 2022; 20(11): 2188-2197

2188

Introduction

Health and hygiene are the most important things for people to be able to live comfortably and work better. To protect humans from pathogens and prevent cross-infection, a specialised finish, such as an antimicrobial finish, is now required. As consumer awareness of cleanliness and the potentially dangerous effects of germs have increased, so has the need for antimicrobial-treated, finished clothing. Textiles have long been acknowledged as growth substrates for microorganisms such as bacteria and fungi. Textiles have long been known as media due to their ability to promote the growth of microbes such as bacteria and fungi. The majority of bacteria that contribute to textile pollution are pathogenic. Many species, including *Escherichia coli*, *Klebsiella pneumonia*, *Pseudomonas aeruginosa*, *Staphylococcus aureus*, and *Acinetobacter baumannii*, are capable of causing human infections due to user contamination. It is of major significance that textiles are predominantly utilised in hospitals, as medical devices or for health and hygienic care, as

well as in congested areas, as well as in sports and underwear garments, water treatment systems, animal feed, and the food sector. As a result, the demand for antimicrobial fabrics has increased substantially during the past few years. With an increasing awareness of environmental concerns, a significant rule on ecotoxicological considerations was introduced today. As clothing comes into direct touch with the human body, the development of antimicrobial textile finishes in a variety of finishes is crucial. Due to its close contact with human skin, the antibacterial characteristic is essential. A microorganism with exterior cell wall consists primarily of polysaccharides (e.g. bacteria and fungus). In addition, as new functional treatments are developed, antimicrobial textiles must maintain qualities like as appearance, feel, and launderability, as they are crucial to the client. Therefore, new, advanced, and innovative technologies are necessary. Several chemicals have been used to textiles in order to impart antibacterial

Corresponding author: Kavitha Rajan

Address: ¹Research Scholar, Department of clothing and Textiles, Faculty of Home Science, Banasthali Vidyapith, Rajasthan - 304022, ²Professor, Department of clothing and Textiles, Faculty of Home Science, Banasthali Vidyapith, Rajasthan -304022, ³Center of Excellence for Bioprocess and Biotechnology, Department of Chemical Engineering, College of Biological and Chemical Engineering, Addis Ababa Science and Technology University, Ethiopia



E-mail:

Kavirajan.85@gmail.com

properties. These chemicals consist of inorganic salts, organic metallics, iodophors (substances that release iodine slowly), phenols and thiophenols, antibiotics, heterocyclic and anionic groups and related compounds, formaldehyde derivatives, and amines. However, many of these substances are harmful to humans and do not biodegrade easily. The usage of synthetic products is becoming more troublesome, resulting in microbial resistance, product withdrawal, unintended environmental difficulties, and animal toxicity. As a result, there is a strong need for eco-friendly antimicrobial fabrics that not only successfully decrease the negative impacts of microbial development on textiles but also satisfy the regulatory requirements imposed by governing bodies. There have been numerous instances of the use of natural ingredients, such as plant extract, in antimicrobial textile finishes. *Verbascum Thapsus* L., also known as great mullein, is a perennial herb whose chemical constituents contain physiologically active chemicals with antibacterial characteristics. The fact that several sections of the yarrow (*Achillea millefolium*) plant can be used to treat a variety of illnesses and has antibacterial activity demonstrates its versatility as a herbal treatment. This chapter's objective is to provide an overview of recently developed antimicrobial textile treatments. After that, the discussion will be concentrated and extensive on the antibacterial activity of the potential antimicrobial agents *Verbascum Thapsus* and *Achillea* Species .

Achillea L. species

Introduction

The name *Achillea* refers to Achilles from the Iliad, who employed yarrow to cure his wounded soldiers. The majority of *Achillea* species are medicinal plants with therapeutic uses. Ali et.al,2017 reveals that Species of yarrow (*Achillea*) are exploited globally for their anti-inflammatory, spasmolytic, digestive, choleric, antiphlogistic,

and antiseptic characteristics. *A. millefolium* s.l. is one of the most frequently utilized native plant species for treating bleeding, stomach issues, and menstrual spasms, both internally and externally. The genus may have been named after the Greek hero Achilles, who may have employed this plant to heal his wounds.

Gilca et.al,2019 *Achillea millefolium* L., which grows wild in Europe, Asia, North Africa, and North America, has been utilized for its health-promoting effects since ancient times. Therefore, *A. millefolium* is one of the most commonly used indigenous medicinal plants in Central Europe, with traditional indications including digestive issues, liver and gall bladder illnesses, monthly irregularities, cramping, fever, and wound healing.

Plant Profile

Common names

Yarrow, Milfoil (Eng.); Gandana (Hind.); Roojamari (Kan.); Biranjasipha (San.).

Binomial Distribution

(*Achillea millefolium*) is a tall herbaceous perennial plant with one to multiple stems (0.2 to 1 m tall) that grows from a rhizomatous root system. The leaves are uniformly distributed along the stem, with the largest leaves being at the stem's midsection and base. There are varied degrees of hairiness on the leaves (pubescence). The leaves are between 5 and 20 centimeters long, bipinnate or tripinnate, somewhat feathery, and spirally arranged on the stems. Yarrow grows as high as 3,500 meters above sea level, Benedek et.al,2007)

The plant typically blooms from May to June and is a popular addition to butterfly gardens. Yarrow is usually found in the soil of meadows and open woods that has been mildly disturbed. Spring is a time of vigorous growth as pointed out by (Saeidnia et.al,2011)

2189



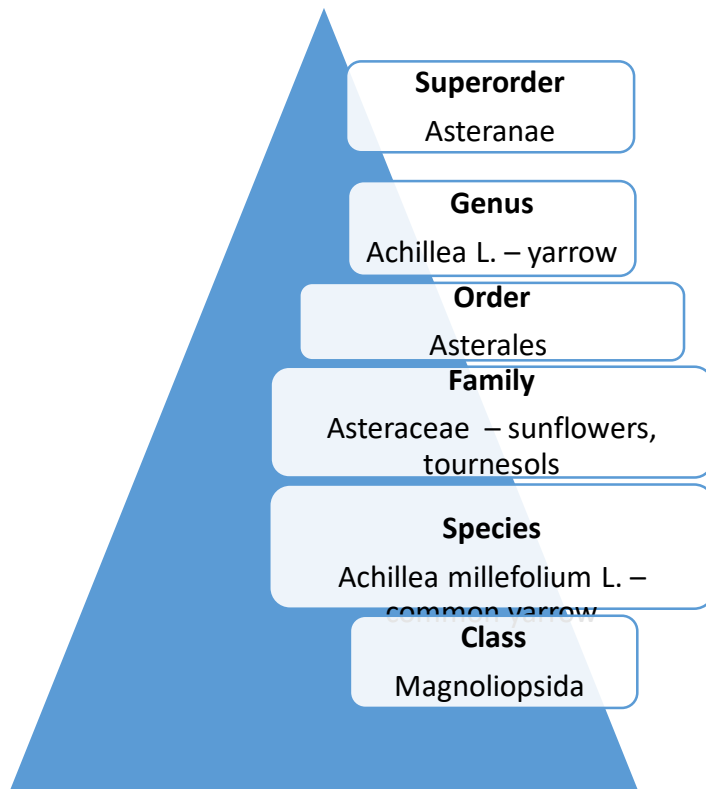


Fig 1: Taxonomical Classification of Achillea species

Phytochemical constituents of Yarrow (Achillea millefolium)	Alkaloids (betonicine, stachydrine, trigonelline)
	Azulene
	Salicylic acid
	Flavonoids (apigenin, luteolin, quercetin)
	Sesquiterpene lactones (achillin, achillicin)
	Tannins Volatile oil with variable content (linalool, camphor, sabinene, chamazulene)
	camphor, sabinene, chamazulene)
	Triterpenes
	Tannins.
	Sterols and plant acids.

Fig :2 Phytochemical constituents of Yarrow





Fig:3 Pharmacological Activities of Yarrow

Verbascum Thapsus

Introduction

Verbascum thapsus L. is a herbaceous annual or biennial herb with a low vegetative rosette up to 61 cm as well as densely placed yellow flowers with five sepals, five petals, a two-celled ovary, and five stamens, typically one per axil. At maturity, fruits with a capsule shape separate into two valves. There are 3 to 6 mm long ovoid star-shaped capsules present. Fruits include brown-colored seeds ranging in length from 0.5 to 1 mm. There are short and long petioled (10-40 cm) oblong-obovate to oblanceolate to oblanceolate basal leaves that are typically whole. Alternately placed and whole or obscurely crenate, cauline leaves are 5-30 cm long with pinnate venation and alternately disposed along the stem pointed out by (Turker AU and Gurel E,2005).

Mullein has a deep taproot with a fibrous root structure and a shallow optional. The stem is erect and between 50 and 180 cm in height. On a single stem, leaves are placed alternately. Historically, mullein has been utilized as a cure for the respiratory system, especially in situations of unpleasant coughs with bronchial congestion (Gupta et.al, 2022). Herbalists employ mullein leaves and flowers to treat respiratory conditions such as bronchitis, dry coughs, whooping cough, tuberculosis, asthma, and hoarseness due to their

expectorant and demulcent characteristics . The flowers have a modest diuretic, anti-inflammatory, and calming impact on the urinary tract (Amini et.al,2022). The leaves are also diuretic, reducing urinary tract irritation and neutralizing the unpleasant effect of acid urine. In addition, the leaves, roots, and flowers are analgesia, antimutagenic, anticancer, antioxidant, antiviral, bacteristat, cardiodepressant, fungicide, oestrogenic, hypnotic, and sedative. (Garibaldi et.al,2022).

2191

Common Names

There are a multitude of common names for V. thapsus L. Velvet plant, Woollen, Big taper, Blanket herb, Candlewick plant, Clot, Velvet dock, Clown's lungwort, Common mullein, and Cuddy's lungs and Bullock's lungwort are common names for this plant.

Binomial Distribution

Verbascum thapsus L. grows natively on rocky soil, in wastelands, forest openings, and along roadways (Dieskau et.al, 2020). It is dispersed in a number of Pakistani regions, such as Deosai, Baltistan, Drass, Ladakh, Kashmir, Baluchistan, Hazara, and Punjab (Shinwari and Gilani, 2003). It is a widely spread plant, found throughout Europe, temperate and temperate Asia up to the Himalayas, and abundant



in eastern North America as a native weed.

Wound Healing activities

Treatment of coetaneous wound formation in rabbits with a herbal extract of *Verbascum thapsus* was associated with enhanced epidermis creation and connective tissue deposition compared to animals in the control group. The findings revealed

that an extract of 20% *V. thapsus* had a positive impact on the process of regeneration (Mehdinezhad et al., 2011). It is necessary to do research into the possible commercial applications of the bioactive molecule that is responsible for this activity as part of an innovation.

Table1: Ethnomedicinal uses of *Verbascum thapsus* L.

S. No	Properties	Parts used	phytochemicals	Reference
1	Anti-inflammatory, pain-relieving, and antitumor properties	Whole plant	Saponins	Rajbhandari et al., 2009
2	Antioxidant and inflammatory activities	Flowers	flavenoids	Pieroni and Quave, 2005
3.	anti-inflammatory, antioxidant, and antiviral properties	Leaves	phenylethanoid glycosides	McCune and Johns, 2002
4.	anti-inflammatory properties	Whole Plant	iridoids	Sher, 2011
	antiviral activity	Whole Plant	amantadine	Rajbhandari et al., 2009
5.	Antihyperlipidemic activity	Leaves	polysaccharides	
6.	Antigermination activity	Roots	iridoid glycosides	Hussainet al. (2009)
7.	anti-inflammatory properties	Flowers	Phenylethanoid glycosides	Kogjeet al. (2010)
8.	antioxidative and anticancer	Whole Plant	Flavonoids and carotenoids	Zhao et al., 2011
9.	pharmacological properties	Whole Plant	Terpenes	Hussainet al. (2009)
10.	Antimicrobial activities	Stem	-	(Kumar and Singh, 2011)

Antimicrobial activities of *Verbascum thapsus* L.

In most parts of the world, plant-based medicines have been an integral element of traditional medicine for millennia, and there is a growing interest in plants as a source of antimicrobial agents referred by (Zia-Ul-Haq et al., 2011). Khan et al.2001 tested the efficacy of a methanol extract of the aerial portions of *V. thapsus* against four gram-positive and five gram-negative bacteria species, including *Staphylococcus aureus*, *Bacillus subtilis*,

Micrococcus luteus, and *Enterococcus faecalis*. Gram negative: *Escherichia coli*, *Pseudomonas aeruginosa*, *Klebsiella pneumonia*, *Vibrio cholera* and *Enterobacter coccus*.

Another antibacterial investigation was conducted on ethanol extract of *V. thapsus* stem against *Bacillus subtilis*, *Staphylococcus aureus*, and *Escherichia coli* and *Pseudomonas aeruginosa*, (Grigore et.al,2013).



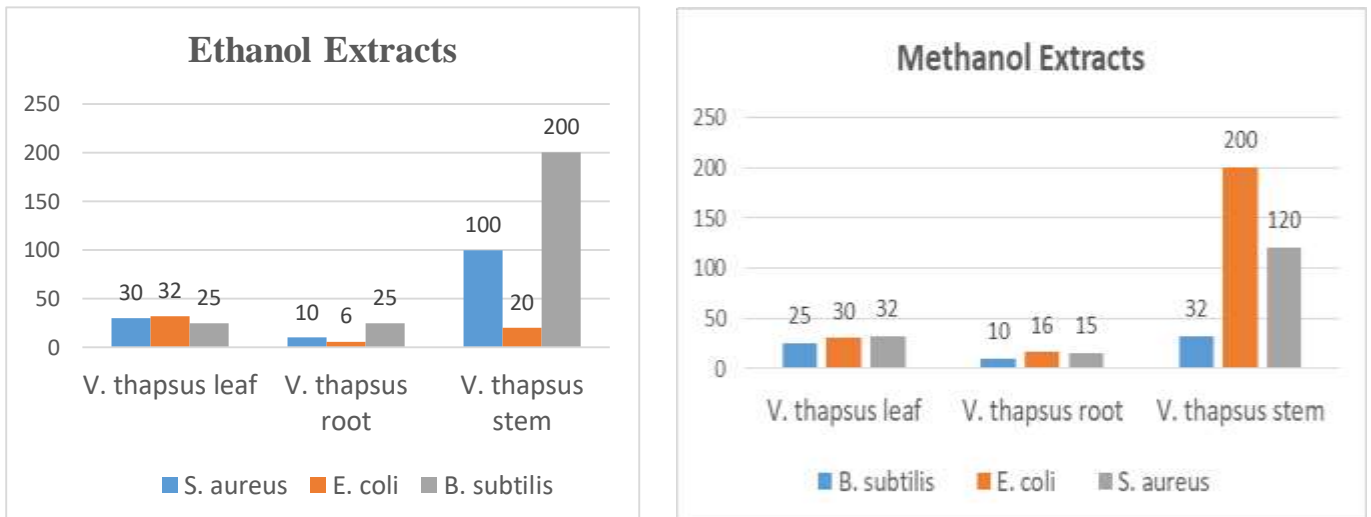


Chart 1: Minimum Inhibitory Concentrations characterize antibacterial action (Kumar and Singh, 2011).

Khan et al. tested the MIC of methanol aerial extract of *V. thapsus* against *Staphylococcus aureus*, *Bacillus subtilis*, *Micrococcus luteus*, *Enterococcus faecalis*, *Escherichia coli*, *Klebsiella pneumonia*, *Vibrio cholera*, and *Enterobacter coccus*. They found that it was effective against all of these bacteria except for *Micrococcus luteus*. (Escobar FM et.al,2011).

Verbascum Thapsus

Verbascum thapsus is the most important species of the genus *Verbascum*, which is a member of the Scrophulariaceae family. *V. thapsus* is primarily found in forested, rocky, and roadside areas. It is widespread and recognized by local names such as Khardag, Candlewick plant, Velvet plant, Giddertambakoo, and common mullein. It has been used as a folk remedy against a variety of ailments since antiquity. The aerial section of *V. thapsus* was used to treat urinary tract infections, wounds, and edema. Chest and stomach issues can be alleviated by *V. thapsus* extracts. On the US market, dried roots, leaves, and flower capsule extracts are widely available. Extracts of *V. thapsus* have demonstrated antifungal, antioxidant, antibacterial, and adhering properties. Despite these study efforts to reveal the pharmacological significance of *V. thapsus*, the true antibacterial efficacy of this plant remains unknown. The extract's antibacterial and other biological activities are dependent on the solvent and method of extraction.

This medication comprises many chemical constituents, including saponins, iridoid inhibitors,

antioxidants, vitamin C, and mineral deposits. It is well-known around the world for treating a wide range of human and animal illnesses. This plant has been associated with numerous pharmacological properties, including anti-inflammatory, antioxidant, anticancer, antibacterial, antiviral, antihepatotoxic, and antihyperlipidemic properties. According to reports, VT leaves and petals contain expectorant, mucolytic, and demulcent characteristics, and traditionally, VT has been used as an ethnomedicine to treat inflammatory illness, asthmatic, muscle spasms coughs, and nausea. According to reports, the seeds are aphrodisiac and narcotic. Considered to be responsible for the herb's anti-inflammatory and antibacterial properties are its phenolic components. VT flowers are highly appreciated herbal medications used to cure inflammation, asthma, spasmodic coughs, and other disorders of the respiratory tract. The plant contains coumarins and other poisons, therefore it should be handled with caution. The antibacterial activity of VT has been examined, and in-vitro and in-vivo testing indicate that VT extract contains components with antibacterial characteristics. Antibacterial activity was observed against *Klebsiella pneumoniae*, *Escherichia coli*, *Pseudomonas aeruginosa*, and *Staphylococcus aureus* in an olive oil preparation of VT flowers. The saponins were associated with this activity. Three *Verbascum* species (*Verbascum olympicum*, *Verbascum prusianum*, and *Verbascum bombyciferum*) yielded extracts with antibacterial activity against the Gr (+) bacterium.



Antimicrobial Finishing

Antimicrobial textile finishes inhibit the growth of microorganisms on textiles. Antimicrobial refers to agents that are effective against a certain group of microorganisms. By acquiring resistance to current antimicrobial drugs, microbes are becoming a major threat to public health. (Varela, et al., 2021) The production of antimicrobial medicinal textiles has become one of the most exciting areas of innovative textiles production. The research and development of innovative ecofriendly and biocompatible antibacterial agents is advancing

As fabrics are considered second skin, the antimicrobial characteristic of textiles is regarded as the most important and inescapable functional finish (Sathianarayanan, et al., 2010). In numerous industries, including fashion, home furnishings, health care, and filtration, the need for minimizing or eradicating microbial development on textiles has been a primary topic of concern.

The antimicrobial treatment on textiles plays a vital role in preventing the psychological distress produced by odor-causing bacteria and fungal skin infections. It can also serve as an authoritative barrier against microorganisms that are resistant to antibiotics and cause illnesses in hospitals, which are on the rise nowadays discusses (Singh et.al.2008). Antimicrobial finishes on textiles are necessary to avoid and regulate cross infection and invasion of harmful bacteria, to halt their metabolism, to reduce the development of odour, and to preserve textiles from deterioration in quality , view (Boothroyd, 2011).

Antimicrobial finishes keep fungi, yeast, bacteria, and viruses from hurting the person who wears the fabric. Antimicrobial finishes are one type of functional finish that can be put on textiles to stop bacteria from growing and make them safer. Antimicrobial usually refers to a substance that kills microbiocide bacteria and keeps them from spreading. It also gives textiles different levels of protection and control against things like mildew, algae, and mould, as well as problems like deterioration, smell, and rotting,(Babu,2003)

Antimicrobial Finishing Methods

Health care applications are a big reason why people are interested in antimicrobial finishes on textiles with better functionality. Current fashion emphasizes a natural and eco-friendly lifestyle by using antimicrobial coatings derived from natural

sources. On the basis of medical use of plants, natural products can be selected for biological screening, as many infectious diseases have historically been treated with herbal treatments. In many underdeveloped nations, they continue to play a significant role in primary early care as therapeutic remedies (Ceniti C et.al,2017). Antimicrobial compounds can be applied to textile substrates using pad and dry curing, exhaust, spray and foam, and coating processes. The chemicals can also be added directly to the dope used for spinning fibers. Supposedly, commercial agents can be administered online during the dyeing and finishing processes.

A variety of methods for enhancing the durability of the finish include:

- In-solubilization of the active compounds inside or on the fiber
- The application of resin, cross-linking agents, or condensates to the fiber.
- Microencapsulation of antibacterial compounds inside a matrix of fibers.
- Surface coating of fibers
- Chemical modification of the fiber by creation of covalent bonds.

Characteristic Of Antimicrobial Finish

This type of treatment inhibits the growth of microorganisms on the fabric's surface.

Preserves cleanliness and freshness;

eliminates odors;

Prevents or eliminates microbial staining;

Extends the life of the articles to which it is applied;

Enhances their tensile strength;

Eliminates the possibility of disease transmission;

Effective on any substance, including cellulose, synthetics, and their blends, and any surface other than textiles, explains (Radhika,2019)

Exhaust Method

Fabric can be coated using the exhaust technique. The fabric may be mordanted before being dyed. The fabric that had been treated was added to the plant-extract solution. In addition, exhaust application is performed in the jigger drum, etc. Permanent application is mentioned for pad and fatigue application . Exhaust coating was shown to be the most effective antibacterial coating among those examined (Balarabe, S. et al,2017).

Microencapsulation

Microencapsulation is a method that is used for a



wide range of things, especially in the textile industry. This process involves the production of microencapsules with core and shell components. Microencapsulation enables the storage, separation, and transport of active substances at the tiny level. Microencapsules progressively release the active substances under the conditions that have been programmed for that specific microcapsule and create the desired effect. Bodade, R. G. & Bodade, A. G., 2020 reveals that the release mechanism of active substances is determined by the amount of core-material and wall-material thickness. Possible processes for the release of active substances from a microcapsule include shell rupture, biodegradation, dissolution of polymeric wall material, diffusion through the wall, temperature or pressure changes, friction, etc.

Definition

Micro-encapsulation is a micro packaging technology in which an active core material is encased in a polymer shell with restricted permeability. According to the (Nelson G, 2002), purpose of this technology is either to shield the active core material from the external environment until required, or to affect the regulated release of the active core to accomplish the correct delay until the appropriate stimulus is encountered.

Uses

Microencapsulation is a rapidly developing new method. It is widely utilized in pharmaceutical, chemical, cosmetic, agricultural, and food processing, as well as textile finishing in recent years. Microencapsulating is currently most popular in the textile industry for the application of long-lasting perfumes and skin softeners. Other uses evaluated. include insect repellents, colors, vitamins, antibacterial agents, phase-change materials, and medicinal applications such as antibiotics, hormones, and other medications. The application areas are coloring, printing, finishing, and fiber production. Various sorts of binding agents may be used to achieve permanence. They can alter the fabric's release property and consequently its market value. fibrous forms of encapsulated entities could likewise be included into ordinary textile architectures.

Advantages Of Encapsulation

Nelson (2002) notes that encapsulation of active

substances is performed for one or more of the following reasons:

- To transform liquids into powders in order to prevent clumping and enhance mixing.
- To prevent oxidation, heat, acidity, alkalinity, moisture, and evaporation from damaging active components.
- To prevent materials from interacting with other substances in the system, hence preventing their breakdown or polymerization
- To disguise the flavor of undesirable smells or scents.
- To optimize ingredient handling prior to processing.
- To release active substances in a targeted or regulated manner.
- To safeguard workers and end users from hazardous substance exposure.

The Characteristics Of A Microcapsule

Size And Size Distribution

Small dimensions boost mechanical strength and facilitate application.

Loading fraction • This is the weight ratio of the microcapsule's core to its wall; the greater this ratio, the greater the manufacturing efficiency, but the poorer the stability.

Release characteristics

The rate of release from microcapsules is mostly determined by the structure of the polymer wall, which is regulated by the preparation circumstances. When wall properties such as crystallinity are cross-linked to the wall's density, the release rate is significantly reduced.

Thermal stability

The microcapsule should be thermally stable during its manufacture and application.

Pad Dry Cure Method

Pad Dry Cure Method is a technique used to provide a cloth finish. The agent that is to be applied as a finish to the fabric is diluted with a solvent and combined with cross-linking agents such as citric acid to fix the agents into the fabric surface and increase the finish's longevity. The diluted liquid is applied to the fabric using the fabric roll that is attached to the machine's rollers, and the machine is allowed to operate for the optimal amount of time.

Dip And Dry Method

The application of the finish is now extended to



outdoor, healthcare, sports, and leisure textiles. Herbal remedies appear to have moderate efficacy with no or minimal harm and are less expensive than synthetic medications. In the dip and drying process, the fabric is dipped for half an hour at room temperature into a bath containing herbal extract, and then the garment is dried at room temperature. This technique is known as the dip-dry method.

Nanoencapsulation

The finishing of textiles has taken on a new dimension as a result of recent scientific and technological advancements. Textiles, apparel, and footwear are nanocoated using a textile production technology that results in highly active surface areas. This coating has UV-blocking, antibacterial, and self-cleaning qualities. It is possible to include self-cleaning capabilities by covering nanoTiO₂/nano-ZnO.

According to Witika BA et al. (2020), putting nanoparticles on the surface of fibers or fabrics is one of the ways to generate highly active surfaces with unique features and also to achieve high durability for the fabrics. Nanotechnology provides novel and improved methods for imparting a variety of useful properties to textiles. In fact, the textile industry is one of the first manufacturing sectors to introduce enhanced, nanotechnology-based functionally finished products.

Various properties, such as wrinkle resistance, water repellence, anti-bacterial effect, soil resistance, antistatic, UV-protection, fire retardation, improvement of dye ability, electrical properties, photo electrochemical ability, photo oxidation reaction capability against biological and chemical species, UV absorption, self-decontaminating and obstructing functions for both military and civilian health products, etc., are imparted to textiles via nanotechnology. In textile finishing, nano metal oxides such as Al₂O₃, TiO₂, ZnO, SiO₂, MgO and ceramics are utilized to change the surface characteristics and impart functional properties (Mahltig et al, 2006).

Conclusion

Nature provides a variety of plant sources with antibacterial properties. Numerous research projects have been carried out in order to develop non-toxic, antibacterial textile treatments. These treatments have been applied to textiles that are utilised in healthcare settings. Compounds found in

herbs that have antioxidant, antimicrobial, and anticancer effects have the potential to improve human health and the state of medicine. The vast majority of plant extracts are comprised of intricate bio-mixtures, the make-up of which shifts depending on the region, the local temperature, and the extraction method used. The extraction and application of antimicrobial finishes for commercial usage can be difficult to standardise, making this an additional challenging job. An efficient antimicrobial treatment should limit the growth of germs and fungus, be able to withstand bleaching and washing, not cause skin irritation or allergies, have no negative effects on the fabric (discoloration, strength, softness), and be compatible with other finishes and dyes. Antibacterial coatings made from plant extracts are ecofriendly when compared to synthetic alternatives.

References

- Ali, S., Zameer, S. & Yaqoob, M. Ethnobotanical, phytochemical and pharmacological properties of *Galinsoga parviflora* (Asteraceae): A review. *Tropical Journal of Pharmaceutical Research* 16, 3023–3033 (2017).
- Amini S, Hassani A, Alirezalu A, Maleki R. Phenolic and flavonoid compounds and antioxidant activity in flowers of nine endemic *Verbascum* species from Iran. *J Sci Food Agric.* 2022 Jun;102(8):3250-3258. doi: 10.1002/jsfa.11667. Epub 2021 Dec 2. PMID: 34796493.
- Apel L, Lorenz P, Urban S, Sauer S, Spring O, Stintzing FC, Kammerer DR. Phytochemical characterization of different yarrow species (*Achillea* sp.) and investigations into their antimicrobial activity. *Z Naturforsch C J Biosci.* 2020 Sep 7;76(1-2):55-65. doi: 10.1515/znc-2020-0149. PMID: 32897872.
- Balarabe, S. et al. Antibacterial finishing of a dyed cotton fabrics using *diospyros mespiliformis* leaves extracts. *Malaysian Journal of Fundamental and Applied Sciences* 13, (2017).
- Benedek B, Gjoncaj N, Saukel J, Kopp B. Distribution of phenolic compounds in Middle European taxa of the *Achillea millefolium* L. aggregate. *Chem Biodivers.* 2007 May;4(5):849-57. doi: 10.1002/cbdv.200790072. PMID: 17511000.
- Bodade, R. G. & Bodade, A. G. in *Biopolymer-Based Formulations: Biomedical and Food Applications* 381–404 (Elsevier, 2020). doi:10.1016/B978-0-12-816897-4.00017-5
- Ceniti C, Britti D, Santoro AML, Musarella R, Ciambone L, Casalnuovo F, Costanzo N. Phenotypic Antimicrobial Resistance Profile of Isolates Causing Clinical Mastitis in Dairy Animals. *Ital J Food Saf.* 2017 May 3;6(2):6612. doi: 10.4081/ijfs.2017.6612. PMID: 28713793; PMCID: PMC5505090.
- Dieskau J, Bruelheide H, Gutknecht J, Erfmeier A. Biogeographic differences in plant-soil biota relationships contribute to the exotic range expansion of *Verbascum thapsus*. *EcolEvol.* 2020 Oct 28;10(23):13057-13070. doi: 10.1002/ece3.6894. PMID: 33304516; PMCID: PMC7713913.



- El Bouzidi L, Abbad A, Hassani L, Fattarsi K, Leach D, Markouk M, Legendre L, Bekkouche K. Essential oil composition and antimicrobial activity of wild and cultivated Moroccan *Achillea ageratum* L.: a rare and threatened medicinal species. *Chem Biodivers*. 2012 Mar;9(3):598-605. doi: 10.1002/cbdv.201100115. PMID: 22422527.
- El-Kalamouni C, Venskutonis PR, Zebib B, Merah O, Raynaud C, Talou T. Antioxidant and Antimicrobial Activities of the Essential Oil of *Achillea millefolium* L. Grown in France. *Medicines (Basel)*. 2017 May 19;4(2):30. doi: 10.3390/medicines4020030. PMID: 28930245; PMCID: PMC5590066.
- Escobar FM, Sabini MC, Zanon SM, Cariddi LN, Tonn CE, Sabini LI. Genotoxic evaluation of a methanolic extract of *Verbascum thapsus* using micronucleus test in mouse bone marrow. *Nat Prod Commun*. 2011 Jul;6(7):989-91. PMID: 21834240.
- Garibaldi A, Bertetti D, Amatulli MT, Gullino ML. Powdery Mildew Caused by *Golovinomyces cichoracearum* on Moth Mullein (*Verbascum blattaria*) in Italy. *Plant Dis*. 2011 Feb;95(2):225. doi: 10.1094/PDIS-10-10-0716. PMID: 30743424.
- Gilca M, Tiplica GS, Salavastru CM. Traditional and ethnobotanical dermatology practices in Romania and other Eastern European countries. *Clin Dermatol*. 2018 May-Jun;36(3):338-352. doi: 10.1016/j.clindermatol.2018.03.008. Epub 2018 Mar 10. PMID: 29908576.
- Grigore A, Colceru-Mihul S, Litescu S, Panteli M, Rasit I. Correlation between polyphenol content and anti-inflammatory activity of *Verbascum phlomoides* (mullein). *Pharm Biol*. 2013 Jul;51(7):925-9. doi: 10.3109/13880209.2013.767361. Epub 2013 Apr 29. PMID: 23627472.
- Gupta A, Atkinson AN, Pandey AK, Bishayee A. Health-promoting and disease-mitigating potential of *Verbascum thapsus* L. (common mullein): A review. *Phytother Res*. 2022 Apr;36(4):1507-1522. doi: 10.1002/ptr.7393. Epub 2022 Jan 27. PMID: 35088467.
- Kumar, G.P., Singh, S.B., 2011. Antibacterial and antioxidant activities of ethanol extracts from trans Himalayan medicinal plants. *Eur. J. Appl. Sci*. 3, 53-57.
- Mahltig, B., Fiedler, D., Fischer, A. & Simon, P. Antimicrobial coatings on textiles-modification of sol-gel layers with organic and inorganic biocides. *Journal of Sol-Gel Science and Technology* 55, 269-277 (2010).
- Mahltig, Rosin, M. et al. Effect of a polyhexamethylene biguanide mouthrinse on bacterial counts and plaque. *Journal of Clinical Periodontology* 28, 1121-1126 (2001).
- Mehdinezhad N, Ghannadi A, Yegdaneh A. Phytochemical and biological evaluation of some *Sargassum* species from Persian Gulf. *Res Pharm Sci*. 2016 May-Jun;11(3):243-9. PMID: 27499794; PMCID: PMC4962305.
- Radhika, D. Review Study on Antimicrobial Finishes on Textiles - Plant Extracts and Their Application. *International Research Journal of Engineering and Technology* 6, 3581-3588 (2019).
- Saeidnia S, Gohari A, Mokhber-Dezfuli N, Kiuchi F. A review on phytochemistry and medicinal properties of the genus *Achillea*. *Daru*. 2011;19(3):173-86. PMID: 22615655; PMCID: PMC3232110.
- Sathianarayanan, M.P. & Bhat, Narendra & Kokate, S.S. & Walunj, V.E.. (2010). Antibacterial finish for cotton fabric from herbal products. *Indian Journal of Fibre and Textile Research*. 35. 50-58.
- Singh G, Kapoor IPS, Sing P, de Heluani CS, de Lamasona MP, Catalan CAN. Chemistry, antioxidant and antimicrobial investigations on essential oil and oleoresins of *Zingiber officinale*. *Food Chem Toxicol*. 2008;46:3295-3302. doi: 10.1016/j.fct.2008.07.017.
- Turker AU, Gurel E. Common mullein (*Verbascum thapsus* L.): recent advances in research. *Phytother Res*. 2005 Sep;19(9):733-9. doi: 10.1002/ptr.1653. PMID: 16222647.
- Tyler, J. S. & Boothroyd, J. C. The C-terminus of *Toxoplasma* RON2 provides the crucial link between AMA1 and the host-associated invasion complex. *PLoS Pathogens* 7, (2011).
- Witika BA, Makoni PA, Matafwali SK, Chabalenge B, Mwila C, Kalungia AC, Nkanga CI, Bapolisi AM, Walker RB. Biocompatibility of Biomaterials for Nanoencapsulation: Current Approaches. *Nanomaterials (Basel)*. 2020 Aug 22;10(9):1649. doi: 10.3390/nano10091649. PMID: 32842562; PMCID: PMC7557593.
- Zia-Ul-Haq M, Ahmad S, Bukhari SA, Amarowicz R, Ercisli S, Jaafar HZ. Compositional studies and biological activities of some mash bean (*Vigna mungo* (L.) Hepper) cultivars commonly consumed in Pakistan. *Biol Res*. 2014 May 30;47(1):23. doi: 10.1186/0717-6287-47-23. PMID: 25028256; PMCID: PMC4101733.
- Rajbhandari, M., Mentel, R., JHA, P.K., Chaudhary, R.P., Bhattarai, S., Gewali, M.B., Karmacharya, N., Hipper, M., Lindequist, U., 2009. Antiviral activity of some plants used in Nepalese traditional medicine. *Evid-Based Compl. Alt*. 6, 517-522.
- Pieroni, A., Quave, C.L., 2005. Traditional pharmacopoeias and medicines among Albanians and Italians in southern Italy: a comparison. *J. Ethnopharmacol*. 101, 258-270.
- Mccune, L.M., Johns, T., 2002. Antioxidant activity in medicinal plants associated with the symptoms of diabetes mellitus used by the Indigenous Peoples of the North American boreal forest. *J. Ethnopharmacol*. 82, 197-205.
- Hussain, H., Aziz, S., Miana, G.A., Ahmad, V.U., Anwar, S., Ahmed, I. 2009. Minor chemical constituents of *Verbascum thapsus*. *Biochem. Syst. Ecol*. 37, 124-126.
- Kogje, K.K., Jagdale, V.K., Dudhe, S.S., Phanikumar, G., Badere, R.S., 2010. Antioxidant property and phenolic compounds of few important plants from trans-himalayan regions of north India. *J. Herb. Med. Toxicol*. 4, 145-151.
- Zhao, Y.L., Wang, S.F., Li, Y., He, Q.X., Liu, K.C., Yang, Y.P., LI, X.L., 2011. Isolation of chemical constituents from the aerial parts of *Verbascum thapsus* and their antiangiogenic and antiproliferative activities. *Arch. Pharm. Res*. 34, 703-707

